

DelimEd

MEDITERRANEAN CAFE & DELI

BOCADILLOS/SANDWICHES

Our own special sandwiches using only the very best quality ingredients

Hot or Cold on a Choice of Mediterranean Breads

Add a Deli Med Small Salad for £1.49

AGED TERUEL SERRANO HAM & HAWKSHEAD FIG CHUTNEY £5.49

One of Spain's best hams, low in salt & cholesterol, high in taste

PORT OF LANCASTER SMOKED SALMON WITH MILD CHEVRE FRESH GOATS CHEESE OR HAWKSHEAD MILD HORSERADISH MUSTARD £5.49

Salmon cured in Cheshire salt & smoked over oak and beech

PORT OF LANCASTER SMOKED CHICKEN WITH AVOCADO £5.49

Hot smoked, corn fed, free range chicken breast

CRABTREE ITALIAN ALPS STYLE CHEESE WITH DELI MED ROAST VEGETABLES £5.49

A Gold Medal winning alpine style cheese from Cheshire!

DELI MED HUMMUS WITH ROASTED PIQUILLO PEPPER £4.99

Our own special recipe hummus with roasted sweet peppers

GRANDMA SINGLETON'S TASTY LANCASHIRE CHEESE WITH RED ONION MARMALADE £4.99

Well aged, the strongest Lancs around

MILANO SALAME, TALLEGIO & SUNDRIED TOMS £4.99

A taste of sunshine

TUNA, ARTICHOKE AND BLACK OLIVE TAPENADE £4.99

Claro white tuna and 'Olives et al' tapenade

LONGRIDGE HAM, TOMATO AND HAWKSHEAD CHILLI JAM £4.99

Local, local, local... quality, quality, quality... is there more to say?

FREE RANGE EGG WITH OR WITHOUT LOCAL PANCETTA BACON £4.49

Local egg, local bacon, great flavours

PLATTERS

The best of the deli counter

Add extra bread for £1.99

NEW BEST OF THE NORTHWEST £9.99

Longridge ham, Grandma Singleton's Lancashire, Lancashire Blue, Cumbrian mostarda, crudités and bread

MOUNTAIN £10.99

Serrano ham, Cecina de Leon (air dried beef), Chorizo Bellota, Picos blue & Crabtree Alp style cheese, Cumbrian mostarda and roast veg

MAR £9.99

Port of Lancaster smoked salmon, white anchovy filets, albacore tuna, ensalada Rusa potato salad, tuna stuffed peppers and caperberries

CHEESE £8.99

Aged Manchego, Murcia al vino and Picos blue (or Mahon if you prefer) cheeses with quince membrillo, fig and almond wheel, tomato and red onion salad and spelt crackers

CHARCUTERIE £8.99

Serrano ham, bellota and vela picante chorizo, salchichon, felino and Milano salami, bean, tomato and onion salads

*TRY WITH A GLASS OF CABERNET/MERLOT £7.99

GREEK (VEGETARIAN)

Greek salad, cous-cous salad, olives, stuffed vine leaves, hummus and bialdi aubergine stew

PLATE SALADS

ENSALADA MIXTA £2.99

Leaves, tomatoes, cucumber and pepper with oil & balsamic

with extra bread

OR ADD SOMETHING SPECIAL: £3.49

NEW LOCAL PATÉ £6.49

Served with cous-cous salad, ensalada mixta, ciabatta toast and onion marmalade

TERUEL SERRANO HAM AND MANCHEGO £6.49

24 month aged DOC Spanish ham with a 9-12 month aged Manchego Viejo – the best ensalada mixta

PORT OF LANCASTER SMOKED DUCK & WALNUTS £6.49

Duck breast hot smoked over oak and beech shavings to medium rare with Damson Vinaigrette

PORT OF LANCASTER SMOKED SALMON WITH AVOCADO £6.49

Cured in Cheshire salt & smoked over oak and beech

PICOS BLUE CHEESE AND WALNUTS £6.49

Spanish mountain cheese – a smooth spicy rich flavour and creamy texture

ALBACORE TUNA WITH CAPERBERRIES £6.49

Line caught, mild, white tuna – the most highly prized of all tuna

BUFFALO MOZZARELLA AND PLUM TOMATO £6.49

A full mozzarella ball, sliced, with plum tomatoes and fresh basil

TAPAS

Pintxos (Pinchos)

Rustic toast loaded with great flavours

FRESH GOATS CHEESE WITH SLOW COOKED AUBERGINE £3.49

Chevre and our own aubergine bialdi

24 MONTH AGED SERRANO HAM WITH TOMATO £3.49

Teruel Serrano one of Spain's best, low in salt and cholesterol, high in taste

SMOKED SALMON WITH GOATS CHEESE £3.49

Port of Lancaster salmon – cured in Cheshire salt & smoked over oak and beech

BOQUERONES AND ENSALADA RUSA £3.49

Mild white anchovy & our own potato, summer veg and mayo salad

DELI MED HUMMUS WITH PIQUILLO PEPPER £3.49

Our special recipe hummus with roasted sweet pepper

CHORIZO, SOBRASADA AND PIQUILLO PEPPER £3.49

Spanish smoked pimenton sausage & paté with roasted sweet pepper

Para Picar (Cold Nibbles)

Try with a dry sherry!

MARINATED MIXED OLIVES £2.99

SPANISH MARCONA ALMONDS £2.99

MILD WHITE ANCHOVIES IN OLIVE OIL £3.99

TUNA STUFFED PEPPERS £3.49

VINE LEAVES STUFFED WITH RICE AND HERBS £2.99

DELI MED HUMMUS AND CRUDITÉS £2.99

Deli Med Tapas (hot or cold)

LAMB MEATBALLS IN HARISSA TOMATO SAUCE £4.49

Local lamb in a spicy North African chilli and tomato sauce

DUKKAH SPICED CHICKEN WINGS £3.99

Local chicken with a North African spice & nut rub to add a touch of heat

SICILIAN STUFFED PEPPER £3.99

With capers, salted anchovy & olives

PATATAS BRAVAS ROAST POTATOES WITH MOJO SAUCE £3.49

With a choice of green & red piquant slightly spicy, Canarian sauces

PERSIAN BIYALDI AUBERGINE STEW £3.99

Slowly cooked, velvety rich, Eastern Med style

DELI MED ROAST VEG £3.49

Seasonal Med veg, slow roasted with extra virgin olive oil & Maldon sea salt

Deli Med Small Salads

ENSALADA RUSA POTATO SALAD £2.49

COUS-COUS SALAD WITH HERBS, LEMON AND OLIVE OIL £1.99

ITALIAN STYLE TOMATO, RED ONION AND OLIVE OIL £1.99

CANNELLINI BEAN, TOMATO, RED ONION AND OLIVE OIL £1.99

ENSALADA MIXTA - LEAVES, TOMATO, CUCUMBER AND PEPPER £1.99

SOUP

We home cook our stews & soups daily using local seasonal ingredients

SOUP FROM £3.99

See specials board for today's delights. Served with bread.

SOUP & ANY HALF SANDWICH £6.49

BREAD

MEDITERRANEAN BREAD £1.99

MEDITERRANEAN BREAD AND ALI-OLI GARLIC MAYO £2.49

DESSERTS

Cakes made just for us in Rose Fiddler's Rufford farmhouse kitchen

CARROT CAKE £2.99

Made with olive oil & wholemeal flour

CHOCOLATE CAKE £2.99

Super light chocolate sponge and white chocolate butter cream

LEMON DRIZZLE CAKE £2.99

With fresh lemons, sweet & sour – fantastic

COFFEE AND WALNUT CAKE £2.99

ICED APRICOT AND FRUIT LOAF £2.99

TRAYBAKE £2.49

Your choice from the counter

COFFEE SOAKED PRUNES WITH VANILLA ICE CREAM £3.49

MRS DOWSON'S CHOCOLATE, STRAWBERRY OR VANILLA ICE CREAM £2.99

Or ask about the 'specials' flavours

A GLUTEN FREE DESSERT IS ALWAYS ON OFFER - FROM £2.49

ASK FOR DETAILS

WINES

Sherry

DRY - SANDEMAN CLASSIC FINO - 125ML £3.49

DESSERT - PEDRO XIMINEZ - 75ML £3.49

Great poured over our Severome Vanilla ice cream - add £1.00

White

175ML 250ML Bottle

NAVARRA VIURA - 'ALARNES' £2.99 £4.49 £12.99

Crisp apple & citrus flavours from the grape of white Riojas

RIOJA VALLEMAYOR £4.49 £4.79 £13.99

Young white, balancing fruit & acidity

PENEDES CHARDONNAY MUSCAT - 'CORA' £3.99 £5.49 £15.99

Clean and fresh fruit with rose & honeysuckle aromas

PENEDES SAUVIGNON BLANC - 'GAIA' £3.99 £5.49 £15.99

Powerful and perfumed aroma with a full palate and rounded finish

Red

175ML 250ML Bottle

NAVARRA TEMPRANILLO £2.99 £4.49 £12.99

Markedly fruity, smooth elegance

PENEDES CABERNET MERLOT - 'OPS' £3.99 £5.49 £15.99

Spicy cinnamon finish with time in oak adding vanilla tones

PENEDES SYRAH - 'EOS' £3.99 £5.49 £15.99

Coffee and cherry notes with a spicy finish

RIOJA CRIANZA VALLEMAYOR £4.99 £6.99 £19.99

Aged 2 years, 1 in oak, adding vanilla to cherry fruit flavours

Rose

175ML 250ML Bottle

NAVARRA GARNACHA - 'ALARNES' £2.99 £4.49 £12.99

Refreshing with hints of cranberry and raspberry

PENEDES PINOT NOIR MERLOT - 'PETIT ARNAU' £3.99 £5.49 £16.99

Cherry aromas, a powerful mouthful with marked acidity

Sparkling

CAVA BRUT RESERVA - 'SANIGER' £16.99

Aged 28 months' with a fruity bouquet & balanced fruit taste

CAVA BRUT ROSE - '999 ROSAT' £16.99

Aged 14 months, red fruit aromas, a full palate & sweet finish

SIDRA - 'EL GAITERO' £7.99

Sparkling 'Champagne' cider from Asturias. Pour from a height to open up flavour

BEERS

CRUCCAMPO 33CL £2.99

ALHAMBRA PREMIUM 33CL £3.99

PERONI GRAND RESERVA 33CL £3.99

Smooth double malted

HOT DRINKS

Ask for soya, semi-skimmed or skimmed milk.

Add naturally flavoured amaretto, vanilla, cinnamon, ginger or hazelnut syrup for just 20p.

Coffee

(Award-winning Local Roastery – Roberts of Mawdesley)

REG. LARGE £1.49 £1.99

ESPRESSO/DOUBLE ESPRESSO Single shot, double shot £1.99 £2.29

AMERICANO Single shot and water £1.99 £2.29

CAFÉ LATTE Single shot and hot milk £1.99 £2.29

CAPPUCCINO Single shot, milk and foam £1.99 £2.29

MOCHA Single shot, chocolate and milk £1.99 £2.29

CAFÉ CON LECHE Double shot and hot milk £1.99 £2.29

Special Coffees

BELMONTE £2.99

1 shot coffee, 1 shot hot water, a splash of brandy & condensed milk

A Spanish breakfast!

ISABELA £2.99

1 shot coffee, 1 shot hot water, a splash of orange liqueur, condensed milk, citrus zest

Chapplehouse Speciality Teas

SEE OUR EXCLUSIVE TEA MENU £2.30

Loose leaf teas & flower teas in teapots!

Hot Chocolate (Spanish style)

HOT CHOCOLATE £2.49 £2.99

Richly thick-nearly a dessert!

COLD DRINKS

ICED COFFEE £2.29

AQUA PANNA STILL WATER - 500ML £2.29

S.PELLEGRINO SPARKLING WATER - 500ML £2.29

S. PELLEGRINO LIMONATA, ARRANCIATA OR CHINO (ITALIAN BITTER COLA) £2.29

JAMES WHITE APPLE VARIETIES, LEMON REFRESHER, SUMMER BERRIES, GINGER BEER £2.69

PAGO ORANGE, CRANBERRY OR PEACHJUICE £2.69

BIG TOM VIRGIN MARY £2.69

THORNCROFT HIBICUS AND CRANBERRY £2.29

FAIRTRADE COLA £2.29

MILKSHAKES STRAWBERRY, CHOCOLATE, OR VANILLA MADE WITH 'MRS DOWSONS' ICE CREAM £2.99

15% Discount on Takeaway prices. Evening Menu available – see inside for details.