



# Deli Med



## DELI TAPAS Small snack plates or mix & match for a main meal

### Para Picar - Cold Nibbles

MARINATED MIXED OLIVES  
£3.49

SWEET MINI TUNA PEPPERS  
£3.29

SPANISH MARCONA ALMONDS  
£3.29  
Round, sweet almonds

DOLMADES  
£3.29  
Vine leaves stuffed with rice & herbs

MILD WHITE FRESH ANCHOVIES  
£4.29

DELI MED HUMMUS & CRUDITÉS  
£3.99

### Deli Plates

CHARCUTERIE PLATE  
£4.49  
A small plate of one of our delicious cured meats. Choose from:

- \*Picante Chorizo
- \*Bellota Chorizo
- \*Bellota Salchichon
- \*24 month aged Serrano Ham
- Milano Salami
- \*Finocciona Salami

MANCHEGO & QUINCE PLATE  
£4.99

A small plate of Manchego cheese. Or choose another tempting cheese:

- \*Valdeon Blue
- \*Mahon
- \*Murcia al Vino
- \*Grandma Singleton's Tasty Lancashire
- \*Lancashire Blue
- \*Tallegio

## Pintxos - Basque Open Sandwiches

GOATS CHEESE & AUBERGINE BIYALDI  
£3.79

BOQUERONES & ENSALADA RUSA  
£3.79

White anchovy, potato & vegetable salad

AGED SERRANO HAM & TOMATO  
£3.79

24 Month aged Serrano. Spain's best

DELI MED HUMMUS & PIQUILLO PEPPER  
£3.79

SMOKED SALMON & GOATS CHEESE  
£3.79

CHORIZO, SOBRASADA & PIQUILLO PEPPER  
£3.79

Spanish smoked sausage & chorizo paté

## Tapas Salads & Vegetable Dishes

COUS COUS  
£2.49  
With tomato & herbs

CANNELLINI BEAN  
£2.49  
With tomato, onion & olive oil

ENSALADA RUSA  
£3.49  
Potato & vegetables with mayo

PATATAS BRAVAS  
£3.49  
Garlic roasted potatoes served with Mojo sauces  
BIYALDI AUBERGINE STEW  
£4.49  
Slowly cooked, velvety rich

CUCUMBER, TOMATO & ONION  
£2.49  
With sherry vinegar & olive oil

FOR DAILY TAPAS & SPECIALS, CHECK OUR SPECIALS BOARD From £3.99

## SOUP

We make our soup fresh from scratch every day...

SOUP OF THE DAY  
£3.99  
Check our specials board. With bread.

SOUP & ANY 1/2 SANDWICH  
£6.49  
Choose from any of our 'Bocadillos'.

MEDITERRANEAN BREAD  
£1.99  
With butter.

MEDITERRANEAN BREAD & ALI OLI  
£2.49  
Garlic mayonnaise.

## WINES 175ml / 250ml / Bottle

### White

NAVARRA ALARNES VIURA  
£3.49 / £4.99 / £13.49

RIOJA VALLEMAYOR  
£4.29 / £5.29 / £14.49

PENEDES CHARDONNAY MUSCAT 'CORA'  
£4.29 / £5.99 / £16.49

PENEDES SAUVIGNON BLANC 'GAIA'  
£4.29 / £5.99 / £16.49

### Rosé

NAVARRA ALARNES GARNACHA  
£3.49 / £4.99 / £13.49

PENEDES PINOT NOIR MERLOT 'PETIT ARNAU'  
£4.29 / £5.29 / £14.49

### Red

NAVARRA ALARNES TEMPRANILLO  
£3.49 / £4.99 / £13.49

PENEDES CABERNET MERLOT 'OPS'  
£4.29 / £5.99 / £16.49

PENEDES SYRAH 'EOS'  
£4.29 / £5.99 / £16.49

RIOJA CRIANZA VALLEMAYOR  
£5.29 / £7.49 / £21.99

### Sherry

DRY - FINO  
£3.49 175ml

DESSERT - PEDRO XIMINEZ  
£3.49 175ml

## BOCADILLOS

Sandwiches  
Toasted or cold

ADD ANY TAPAS SALAD TO YOUR SANDWICH FOR ONLY £1.99

AGED SERRANO HAM & FIG CHUTNEY  
£5.99  
24 month aged Serrano. Low in salt.

PORT OF LANCASTER SMOKED SALMON & GOATS CHEESE  
£5.99  
Salmon cured in Cheshire salt. Smoked over oak & beech.

SMOKED CHICKEN & AVOCADO  
£5.99  
Corn fed, free range chicken breast.

DELI MED HUMMUS & PIQUILLO PEPPER  
£5.49  
Our own recipe hummus with roasted sweet peppers.



## PLATTERS

The best of the deli counter

MOUNTAIN  
£11.99  
Serrano ham, Chorizo Bellota, Picos Blue & Manchego cheese. Olives, tomato salad & bread.

MAR  
£11.99  
Smoked salmon, white anchovy fillets, albacore tuna, ensalada Rusa, sweet mini tuna peppers

CHARCUTERIE  
£9.99  
Serrano ham, Chorizo Picante. Finocciona & Milano salami. 2 Deli salads & bread.

*Psst... We only use ingredients from our deli counter so that you can buy and enjoy our food at home.*

SMOKED SALMON & AVOCADO  
£6.99  
Salmon cured in Cheshire salt and smoked over oak & beech

ALBACORE TUNA & CAPERBERRIES  
£6.99  
Line caught, mild white tuna - the most highly prized of all tuna

BUFFALO MOZZARELLA & PLUM TOMATOES  
£7.99  
A full ball of creamy mozzarella with juicy plum tomatoes

*Psst... Our bread is made daily to a Mediterranean style developed for us by a local artisan baker who delivers to us every morning.*

LANCASHIRE CHEESE & RED ONION MARMALADE  
£5.49  
Grandma Singleton's mature, Tasty Lancashire

MILANO SALAME, TALLEGIO & TOMATOES  
£5.49  
Tallegio - Italian soft cheese. Best toasted.

TUNA, ARTICHOKE & BLACK OLIVE TAPENADE  
£5.49  
Claro white tuna, Olives Et Al tapenade and a tiny bit of mayonnaise.

HAM, TOMATO & CHILLI JAM  
£5.49  
Local Salmesbury ham & Hawkshead Chilli Jam.

FREE RANGE EGG WITH OR WITHOUT PANCETTA BACON  
£3.99 WITHOUT BACON £4.99 WITH BACON  
Local egg, local bacon & mayonnaise.

CHEESE  
£9.99  
Valdeon Blue cheese OR Mahon (unpasteurised), Manchego, Murcia al Vino (goats milk), Quince paste, fig & almond. Crackers or bread.

GREEK (V)  
£8.49  
Deli Med hummus, cous cous, stuffed vine leaves, aubergine stew & Greek salad.

LANCASHIRE PLOUGHMAN'S  
£9.99  
Lancashire ham, Tasty Lancs & Lancs cave aged blue cheese. Red onion marmalade, apple, celery, balsamic onion & bread.

## DESSERTS

HANDMADE ITALIAN STYLE FRUIT COMPOTES  
WITH VANILLA ICE CREAM  
PRIMI PRUNES with fennel  
POSH PRUNES with coffee  
AMARETTO APRICOTS  
£3.99

HUNTLEY'S MOO2YOU ICE CREAM OR SORBET  
3 scoops £3.49

SPANISH HOT CHOCOLATE  
£2.49  
Deliciously thick & rich. Definitely a dessert!

## SPARKLING

'SANIGER' CAVA BRUT RESERVA  
£17.49  
Aged 28 months with a fruity bouquet and balanced fruit taste.

'999 ROSAT' CAVA BRUT ROSÉ  
£17.49  
Aged 14 months, red fruit aromas. Full palate and sweet finish.

## BEER/CIDER

PERONI GRAN RISERVA  
£3.99 33cl

ALHAMBRA PREMIUM  
£3.99 33cl

CRUZCAMPO  
£3.49 33cl

DRY SPANISH SIDRA  
£2.99 33cl

'EL GAITERO' - SIDRA  
£7.99 700ml  
Sparkling 'Champagne' cider from Asturias.

## CAKES

Our cakes are handmade just for us in Rose Fiddler's Rufford Farmhouse kitchen. Something gluten-free is always available too. Ask what treats we have today...

CAKES £3.49  
TRAYBAKES £2.79



# Deli Med

Mediterranean Café & Deli  
8b Winckley Street, Preston  
01772 204777  
www.delimed.co.uk  
twitter: @deli\_med

